

GUEST LECTURE



Dr Gulzar Malik from La Trobe University, Australia will deliver an online lecture on “Translating evidence into clinical practice: is there a gap?” on Friday 22 October at 2.00 pm Jakarta time.

Graduates of Australian tertiary institutions from Indonesia who are interested in attending this event, please RSVP by Wednesday, 20 October to this link: <https://oz.link/octoberlecture>

**Due to the limited availability of places, early registration is recommended. A link to this event will be shared with you after registration.*

Overview

With the growing need to adopt evidence-based approaches in response to increasing complexities in healthcare and the COVID-19 pandemic, health professionals must be adequately prepared to translate evidence into clinical practice.

Evidence-based practice (EBP) is paramount to achieving the highest quality patient care outcomes. Numerous studies have found that improved health, decreased morbidity and cost-effective outcomes result from patient care based in evidence. EBP is a framework for clinical practice that incorporates the best available scientific evidence with the expertise of the clinician and the preferences of the patient when making healthcare decisions.

Fostering an EBP culture is essential to delivering cost-effective healthcare. However, implementing evidence into practice is a complex process that involves an array of organisational, social and professional barriers. Common barriers to EBP include insufficient resources, a shortage of healthcare professionals trained in EBP, a lack of time and limited support from organisations.

There is a need for educational institutions and healthcare settings to employ strategies to support successful EBP translation. These could include making EBP an integral part of the curriculum, preparing healthcare professionals to be evidence-based practitioners, creating academia-practice partnerships, and providing sufficient resources within clinical settings.

In the lecture, Dr Gulzar Malik will be exploring EBP in healthcare settings, facilitators and barriers to EBP translation, and useful strategies to its implementation, including examples from healthcare settings during the COVID-19 pandemic.

Friday, 22 October 2021
2.00 pm – 4.00 pm Jakarta time
Online Lecture via Zoom



Dr Gulzar Malik

Dr Gulzar Malik, PhD, MN, Critical Care Cert, Post RN BScN, RN is a Senior Lecturer and Director of International at the school of Nursing and Midwifery at La Trobe University, Australia. Dr Malik coordinates postgraduate nursing subjects and oversees offshore undergraduate nursing courses. She has completed doctoral studies from Monash University, exploring the integration of evidence-based practice in undergraduate nurse education. Her areas of research include evidence-based practice in clinical settings, voluntary assisted dying, empowering international students, pain management and innovative teaching pedagogies.

Dr Malik is a highly experienced registered nurse and academic with more than 20 years of experience in various healthcare settings and academic institutions both in Australia and overseas. She has contributed to the nursing profession with a range of conference presentations and publications. She has completed several Honours, Master and PhD supervisions. Dr Malik is an active member of Sigma Theta Tau International Honor Society of Nursing and contributes to the Psi Zeta At-Large Chapter of Sigma as a counsellor.



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